MCADAM ELEMENTARY SCHOOL Respect Yourself And Respect Others

MONTH: DECEMBER 2016



WAVE YOURSELF A MERRY LITTLE CHRISTMAN

Dear Parents / Guardians of Students of MES

I would like to take this opportunity to wish you and your family a **Wonderful Christmas Holiday.**

I hope that you are all able to take time to relish some goodies, enjoy the decorations you've so carefully placed in every nook and corner of your home, and cherish the time spent with your family and friends!

May the joy and festivities you share during this special time continue in your lives long after the Christmas season.

I Hope You All Have A Magical Holiday Season.

Sincerely,

Kelly Smith Lunn Principal McAdam Elementary School

From All the Staff at MES We'd like to Wish You a Jealthy, Happy & Peacful New Year!



From home to home, and heart to heart, from one place to another. The warmth and joy of Christmas, brings us closer to each other. ~ Emily Matthews

MES FOOD DRIVE!



During the month of December all MES students will be collecting non-perishable food items for Lakeland Resource Centre Food Bank until December 16th. All donations are greatly appreciated!

Stay Active and Safe This Winter

Don't let cold weather prevent you from enjoying outdoor activities!

Safety Tips of for Common Winter Activities;

✓ Wear appropriate gear for the weather including a properly fitted helmet when skiing and skating.

- Wear a neck warmer instead of a scarf. A scarf may get caught in ski lifts or other equipment.
- Consider lessons if your child is new to skiing or skating
- Know the terrain and be aware of obstacles or thin ice, time of darkness onset, etc.
- Choose ski trails that best suit your child's abilities.
- Avoid skiing or skating alone.



Wear properly fitted skates and ensure blades are sharp and not rusted.

Ensure proper ice thickness when skating on frozen ponds, rivers and lakes (20 centimetres or 8 inches). Be especially careful on rivers that tend to have strong currents or winter ferry service nearby.

Our Phys ED teacher Mrs. Scott has Fun Winter Wellness Activities Planned For Our Students: • Snowshoeing (Weather Permitting)

- Skating (Weather Permitting)
- Indoor Lunch Intramurals (Grade 3-5)



Address: 29 Rose Street McAdam, NB, E6J 1Z1 Office Phone 506 784-6808

Website: http://mcadames.nbed.nb.ca/

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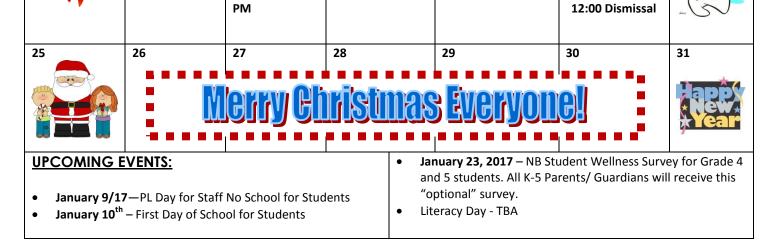
MONTH: DECEMBER 2016

Sun

11

18

Mon Tue Wed Thu Fri Sat 2 1 **Palfrey Lake** Lodge Trip **Ring A Bell Campaign to UNB Hockey Game: School Night!** Grade ½ Dec 2nd @ 7:00pm **Promote** 10:30 - 2:00 pm Parents must pickup tickets **Positive Mental Health** The week of November 30th to Before 5:00pm on Thursday December **RING A BELL** December 4th 2015 1st at the box office. Do not wait for **EVENT** aimed at raising awareness on the game night as game may be sold out. in Support of mental health needs Parents/Guardian of student will **Students' Mental** of children and youth. receive half price on tickets! Health! 5 6 7 8 9 10 Hour of **Food Drive** Begins! ollection 12 13 14 15 16 17 Christmas Food Bank Storm Date for Christmas **Donations Due** Concert "Christmas Joy" Concert 6:30 PM Today! Start: 6:30PM Doors open at Approx: 6:10pm Doors open at **Manor Visit** Approx: 6:10pm 19 20 21 22 23 24 **PSSC Meeting** Last Day Of at McAdam **School Before** Elementary Holidays School @ 6:00 1/2 DAY!



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